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About Susan Pohlman

Author of *Halfway to Each Other: How a Year in Italy Brought Our Family Home*



An educator for nearly 30 years, Susan Pohlman was not used to being the student – until a life-changing move taught her more than she ever expected.

In her new memoir *Halfway to Each Other: How a Year in Italy Brought Our Family Home* (Guideposts, September 2009, \$22.00, Hardcover), Pohlman details her family's journey from estrangement and the brink of divorce, to restored bonds and a revitalized marriage. The antidote? Radical life-simplifying. The setting? Nervi, Italy, where the Pohlmans lived for one year.

"This book started as a series of emails to my girlfriends," says Pohlman. "I wrote the emails in the form of true life scenes so that everyone would know what the experience was like: good, bad, and ugly. The 'chapters' developed a following, and soon a writer friend of mine emailed me and urged me to consider a book."

Halfway to Each Other chronicles Pohlman's lessons as her family drops their life in California, and starts life over in Italy. Without the excess and distractions that had become a normal part of the Pohlmans' American lifestyle, the family found room for simple pleasures and adventures alike. It turned out to be exactly what the family needed to get back to each other.

In addition to writing, Pohlman has worked as both a school administrator and a teacher. She received her BS degree in Elementary Education from the University of Dayton in 1981. Shortly after college, she worked as a flight attendant for People Express Airline. In 1996, she received her MA in Educational Administration from California Lutheran University, and is currently a teacher in Scottsdale, Ariz. Before Arizona (and before Italy), the Pohlmans lived in a variety of cities throughout the US, and left their home in southern California before moving overseas.

Between teaching and writing, Pohlman is involved in writing groups such as the Scottsdale Society of Women Writers and Wise Women Write. She, her husband Tim, and children reside in Scottsdale. Pohlman and Tim will soon celebrate their 25-year anniversary. For more information, please visit www.susanpohlman.com.

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To request a copy of *Halfway to Each Other*, or to set up an interview with Susan Pohlman, please contact Tolly Moseley at (512) 478-2028 ext. 213 or tmoseley@phenixpublicity.com